

# Holiday GIFT GUIDE



## ESSIO

ESSIO transforms your shower into a spa by diffusing 100% organic essential oils into the shower stream, soothing and rejuvenating mind and body. With six unique scents, ESSIO is the perfect way to add spice to your shower routine. Easy to install, simple to use and made with 100% recyclable material. Visit [essioshower.com](http://essioshower.com).



## Botanic Bath Infusions

**Botanic Bath Infusions** are three-in-one bath therapies that combine restorative mineral sea salts, therapeutic essential oils and curative herbs and flowers in an all-natural formula that provides an incredibly relaxing bath experience. Free of synthetic preservatives, fragrances or dyes; 100% biodegradable pouches are mess-free. Available in four aromatic blends: Rosé Retreat, Lost in Lavender, Moments in Mint and Pick Me Up. Visit [www.puraproducts.com](http://www.puraproducts.com).



## Source of Life GOLD/SPIRU-TEIN GOLD

Step up to the gold and give the gift of health this holiday season: **Source of Life GOLD**, the gold standard for whole food-based multivitamin supplementation, and **SPIRU-TEIN GOLD**, the world's most advanced full-spectrum vegetarian protein shakes. Both formulas feature revolutionary all-natural ingredients with more energizing, antioxidant and anti-aging power than ever before. **Source of Life GOLD** and **SPIRU-TEIN GOLD** for an unparalleled burst of life and burst of health! Visit [www.naturesplus.com](http://www.naturesplus.com).



## VIKTOR and Lea

Stadler Form's air purifier, **VIKTOR**, boasts a three-part filter system—eliminating pollen, viruses and other noxious particles. Featuring five performance levels and dimmable lights, **VIKTOR** has received the EPA's Energy Star rating. The **Lea** aroma diffuser is the world's first waterless unit. And it's portable, with three rechargeable batteries and a USB wall charger that make it the perfect companion for anywhere you go. Visit [StadlerFormUSA.com](http://StadlerFormUSA.com).